



☀️ Ainu Holistic Therapy

YOUR DEEP DIVE IN INTUITION

Investment & Payment Breakdown: The Holistic Trajectory (8 Sessions)

The total investment for the Holistic Trajectory is €2,000, representing a complete, personalized 1:1 journey that integrates transformation on the physical, emotional, mental, spiritual, and energetic levels.

This trajectory is designed to help you reconnect with your intuition, align your inner and outer worlds, and embody a grounded sense of purpose and clarity.



What you get?

8 private online sessions (each 60–90 minutes), fully tailored to your unique energetic and emotional blueprint

Meditation and visualization practices to cultivate presence, expand awareness, and strengthen intuitive connection

Personalized yoga asana guidance, using mindful movement and breathwork as tools for integration and embodiment

Energetic healing and alignment techniques to balance and clear the subtle body

Holistic tools and rituals to support daily grounding, reflection, and intuitive living

Foundational practices in Nonviolent Communication (NVC) to enhance self-expression and compassionate connection



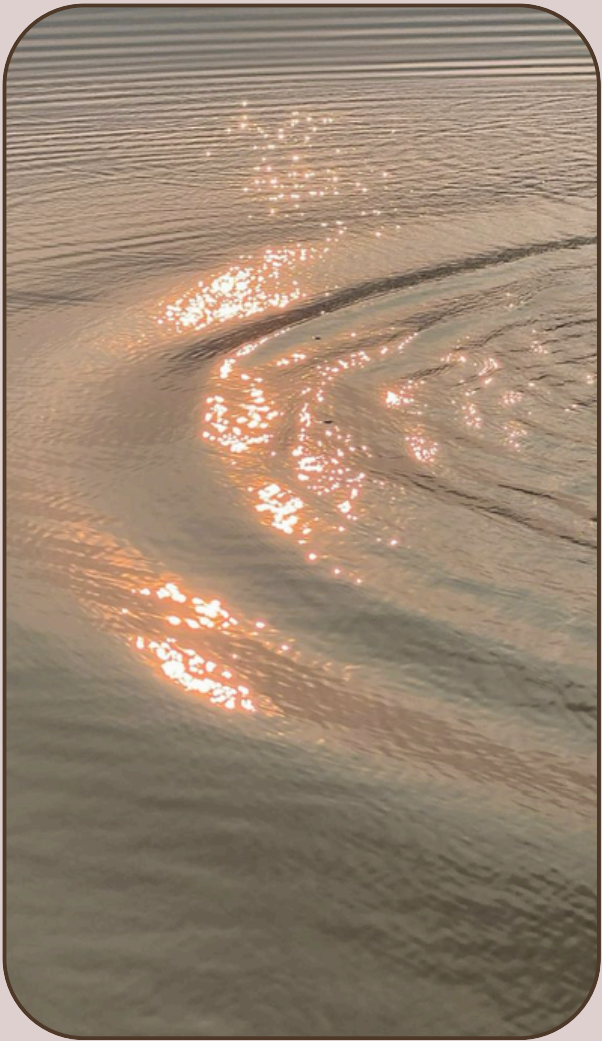
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What you get?

Individualized journaling prompts to deepen reflection and integrate insights between sessions

Custom audio tracks and guided meditations created specifically for your process

Ongoing support via email or voice note throughout the entire trajectory

A final integration session to consolidate transformation and create long-term clarity and sustainability



YOUR DEEP DIVE IN INTUITION

The Holistic Trajectory is more than a coaching program – it's a journey of reconnection, designed to help you:

- Reawaken and trust your intuitive intelligence
- Cultivate emotional balance and embodied awareness
- Release patterns of disconnection and self-doubt
- Anchor into authentic expression, compassion, and purpose
- Integrate practical spiritual tools that sustain your growth long-term

Option 1: Full Payment

Option 2: Monthly Payment Plan

Payment Options

Option 1 – Full Payment:

€2,000 (one-time payment)

- *Paid securely via VISA or credit card through the website at the time of enrollment. If this is not possible, a transfer via debit card is possible, with proof of payment.*

Option 2 – Monthly Payment Plan:

€666,66 per month over 3 months

- *Payments are processed automatically each month from your chosen payment method. PayPal (ainuinfo@gmx.com) or Wise.*
- *The payment will go through an installment plan via direct debit, spread over multiple payments.*

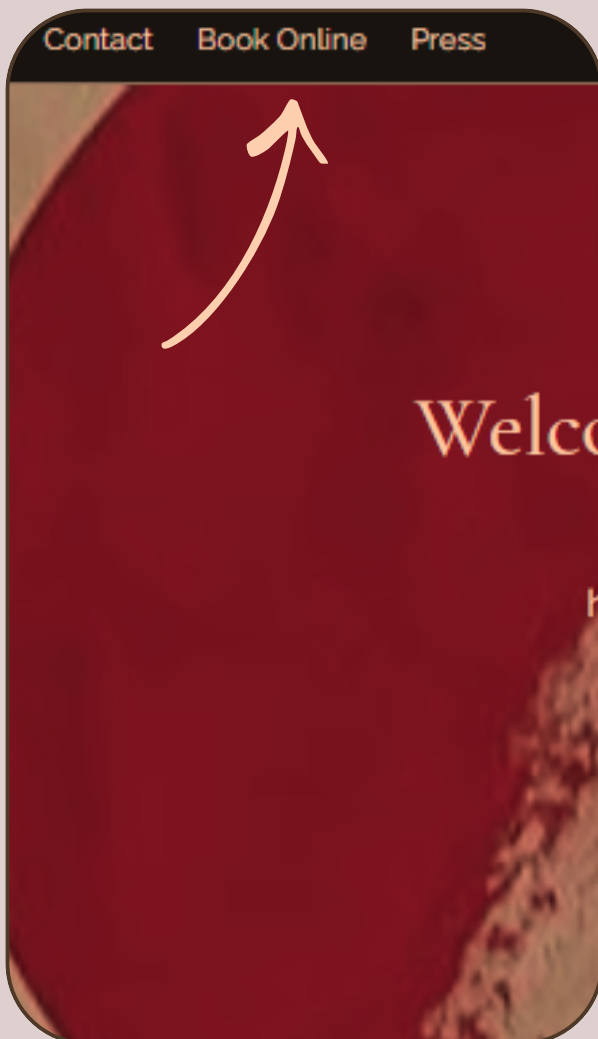
Both options include full access to all sessions, materials, and ongoing personalized support.



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Herbalistic assessment via mail/video

Holistic trajectory 8 sessions (1:1)



Weekly Yoga online

How to pay?

Option 1 – Full Payment:

STEP 1: Go visit ainuinfo.com

STEP 2: Click [book-online](#)

STEP 3: Choose option [Holistic Trajectory 8 x 1:1 sessions](#)



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Order summary

Deep Dive Into Intuition €2,000.00

Duration: 3 months

Sessions: 8

Total €2,000.00



Secure Checkout

unds are not possible.

ever, it is possible to communicate a payment plan. Please connect with me via ainuinfo@gmx.com. The timeslot is available in order for you to support your healing process.

How to pay?

Option 1 – Full Payment:

STEP 1: Go visit ainuinfo.com

STEP 2: Click book-online

STEP 3: Choose option Holistic Trajectory 8 x 1:1 sessions

Or...

Paypal:

> ainuinfo@gmx.com

Wise:

>

wise.com/pay/business/ainuholistictherapy

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How to pay?

Option 2 – Monthly Payment Plan:

STEP 1: Contact via ainuinfo@gmx.com with your option of choice.

STEP 2: Prices & Payment

STEP 3: Payment Plan (valid for 3 months and 21 days after for final reunion)

STEP 4: ADD '**DEEP DIVE INTO INTUITION**' in the "comments" when paying, including your full name.

Paypal:

> ainuinfo@gmx.com

Wise:

>

wise.com/pay/business/ainuholistictherapy

Both options include a timeframe for over 3 months.





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Option 1: Full Payment

Option 2: Monthly Payment Plan

In summary

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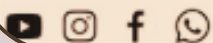
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Privacy Policy

Statement of Privacy

Our top goal is keeping your personal information safe. This Statement regulates the gathering and use of your data by both Ainú Holistic Therapy (Lycia Van Roy) and the website for Ainú Holistic Therapy. Unless specified otherwise, all references to Ainú Holistic Therapy in this Privacy Policy include the website for Ainú Holistic Therapy. You agree to the data practices outlined in the Ainú Holistic Therapy website.



Privacy Policy

Deep Dive 1:1 Therapeutic Program (3–4 Months)

Ainú Holistic Therapy – ainuinfo@gmx.com
Join our 3–4 month 1:1 therapeutic program, designed to provide personalized support and holistic growth.

Privacy Statement:

Ainú Holistic Therapy is committed to protecting your personal data. We only collect information necessary to provide our services, never sell your data, and comply with GDPR and applicable privacy laws. Some data may be shared with trusted partners solely for service delivery, security, or legal obligations.

Full Privacy Statement:

Visit the link for complete details on data use, cookies, email communication, third-party services, and your rights.



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Therapeutic Program (3–4 Months)

AINU Holistic Therapy – ainuinfo@gmx.com

Cancellation

The client acknowledges that the program is non-refundable before the statutory withdrawal period. After the withdrawal period, the right of withdrawal may be exercised. Once the program has started, all cancellation requests must be submitted in writing. Cancellation involves therapeutic preparation, commitment, and reserved sessions upon enrollment.

Business Day Right of Withdrawal
Cancel within three business days of enrollment to be entitled to a full refund. Refunds are available within 30 days of written notice.

After Withdrawal Period but Before Program Start

Cancellation Policy

For the cancellation Policy visit:

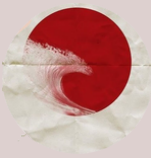
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Early cancellations (within 3 business days) receive a full refund, while refunds after enrollment depend on timing and circumstances. Once the program starts, no refunds are available. Sessions can be rescheduled with 48 hours' notice, subject to availability.

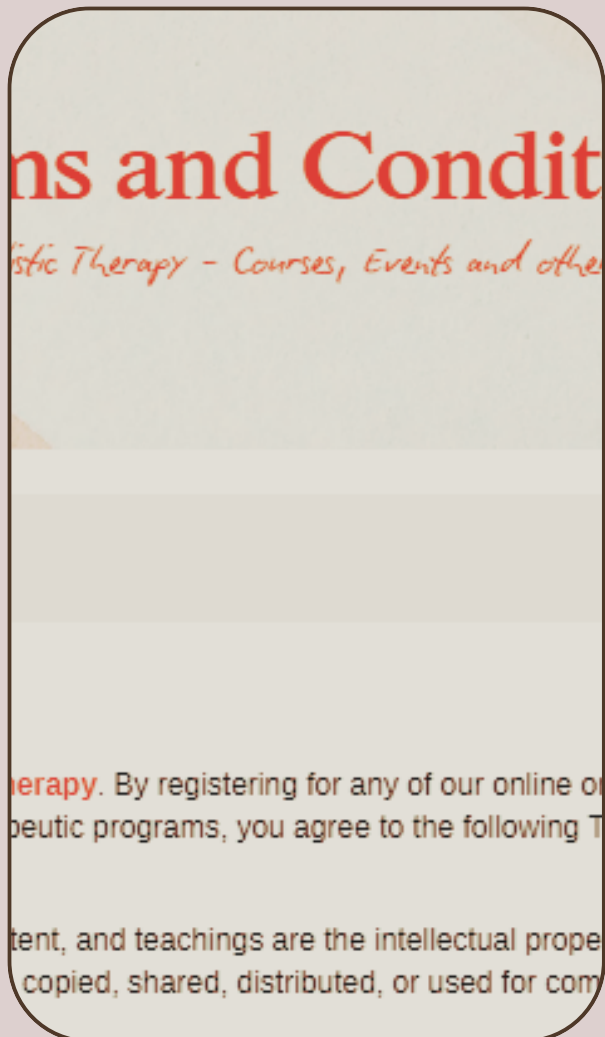
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Terms & Conditions

Ainú Holistic Therapy – Participation & Liability Notice | E-mail: ainuinfo@gmx.com | Effective: 01/01/2026

By joining any in-person or online course, workshop, retreat, or therapeutic program, you acknowledge and accept the physical, emotional, and psychological risks involved. Participation is voluntary, and you are responsible for your own well-being. Ainú Holistic Therapy is not responsible for other participants' actions and does not provide medical or psychiatric care. By participating, you release Ainú Holistic Therapy and its facilitators from liability except in cases of gross negligence or willful misconduct. Media may be recorded for educational or promotional purposes; opt-out requests can be emailed in advance.

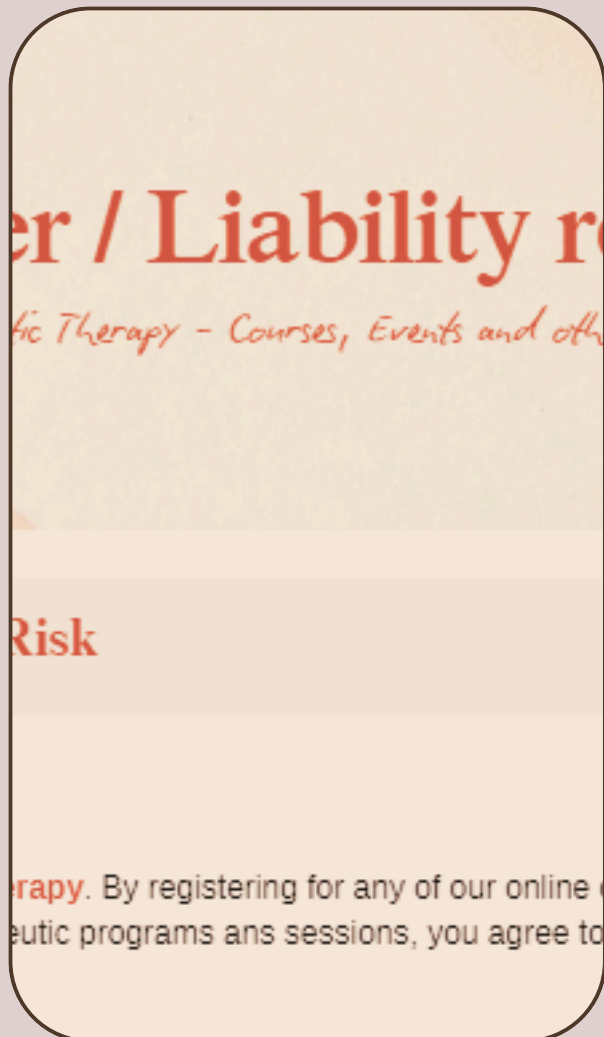
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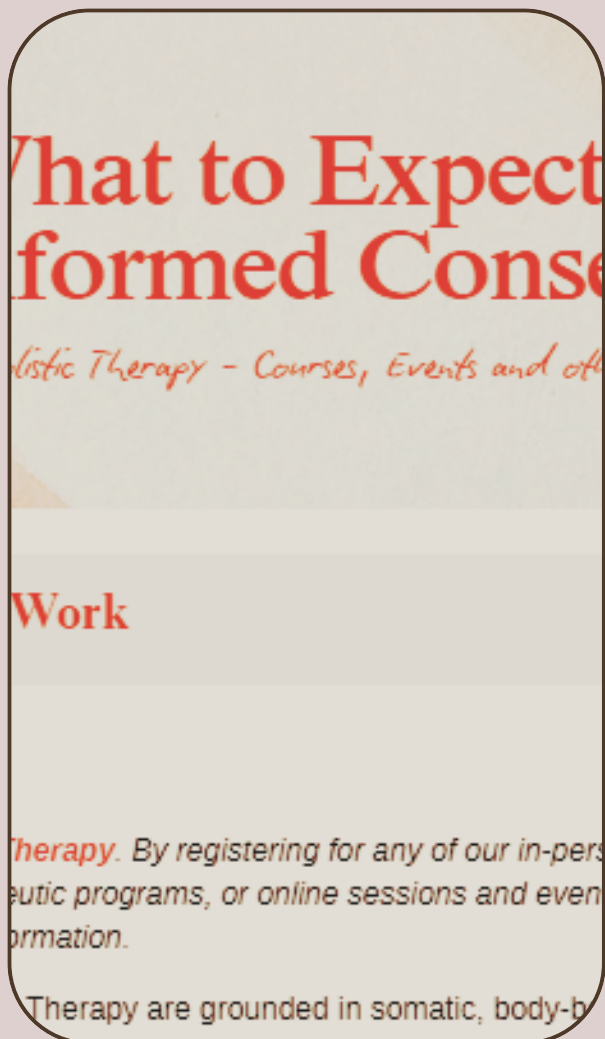
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Informed Consent

Ainú Holistic Therapy – Participation & Safety Guidelines

E-mail: ainuinfo@gmx.com | Effective: 01/01/2026

Our in-person and online somatic, body-based, and experiential offerings involve movement, breath, awareness, and nervous system work. Responses—physical, emotional, or cognitive—are natural and unique to each participant. Participation is voluntary, self-paced, and guided by your own boundaries. You are responsible for your well-being, and facilitators provide a supportive container but not medical or psychiatric care. Media may be recorded for educational or promotional purposes; opt-out requests can be emailed in advance.

Full Guidelines & Terms: [Click Here](#)