



 Ainu Holistic Therapy

YOUR **DEEP DIVE** IN INTUITION



Investment & Payment Breakdown: The Holistic Trajectory (8 Sessions)
The total investment for the Holistic Trajectory is €2,000, representing a complete, personalized 1:1 journey that integrates transformation on the physical, emotional, mental, spiritual, and energetic levels.

This trajectory is designed to help you reconnect with your intuition, align your inner and outer worlds, and embody a grounded sense of purpose and clarity.

What you get?

8 private online sessions (each 60–90 minutes), fully tailored to your unique energetic and emotional blueprint

Meditation and visualization practices to cultivate presence, expand awareness, and strengthen intuitive connection

Personalized yoga asana guidance, using mindful movement and breathwork as tools for integration and embodiment

Energetic healing and alignment techniques to balance and clear the subtle body

Holistic tools and rituals to support daily grounding, reflection, and intuitive living

Foundational practices in Nonviolent Communication (NVC) to enhance self-expression and compassionate connection

ainuinfo@gmx.com

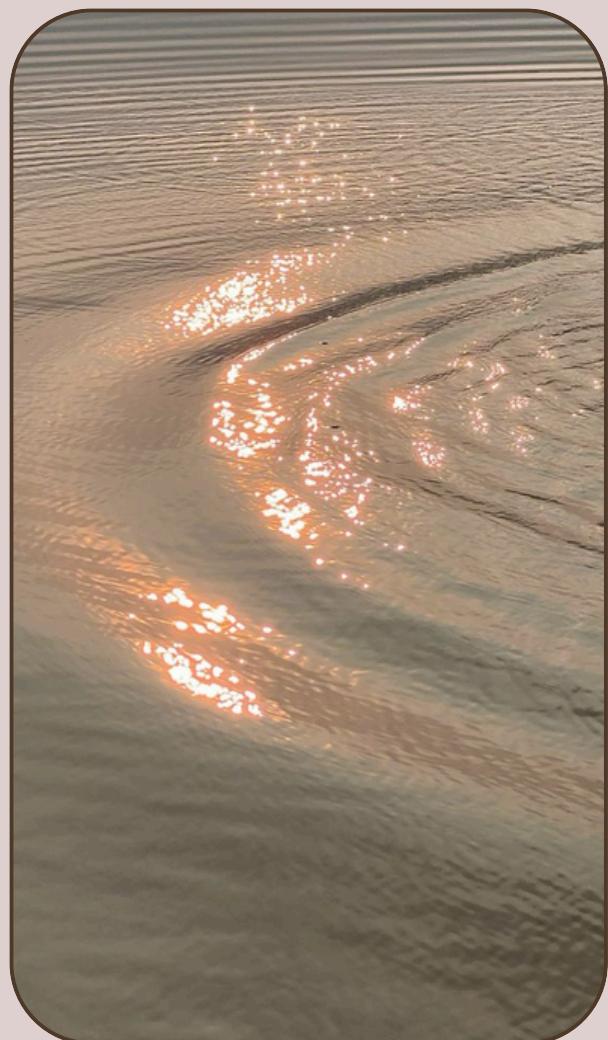
www.ainuinfo.com

+32 474 79 55 60



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This trajectory is designed to help you reconnect with your intuition, align your inner and outer worlds, and embody a grounded sense of purpose and clarity.

What you get?

Individualized journaling prompts to deepen reflection and integrate insights between sessions

Custom audio tracks and guided meditations created specifically for your process

Ongoing support via email or voice note throughout the entire trajectory

A final integration session to consolidate transformation and create long-term clarity and sustainability

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YOUR **DEEP DIVE** IN INTUITION

The Holistic Trajectory is more than a coaching program – it's a journey of reconnection, designed to help you:

- Reawaken and trust your intuitive intelligence
- Cultivate emotional balance and embodied awareness
- Release patterns of disconnection and self-doubt
- Anchor into authentic expression, compassion, and purpose
- Integrate practical spiritual tools that sustain your growth long-term

Option 1: Full Payment

Option 2: Monthly Payment Plan

Payment Options

Option 1 – Full Payment:

€2,000 (one-time payment)

- *Paid securely via VISA or credit card through the website at the time of enrollment. If this is not possible, a transfer via debit card is possible, with proof of payment.*

Option 2 – Monthly Payment Plan:

€666,66 per month over 3 months

- *Payments are processed automatically each month from your chosen payment method. PayPal (ainuinfo@gmx.com) or Wise.*
- *The payment will go through an installment plan via direct debit, spread over multiple payments.*

Both options include full access to all sessions, materials, and ongoing personalized support.

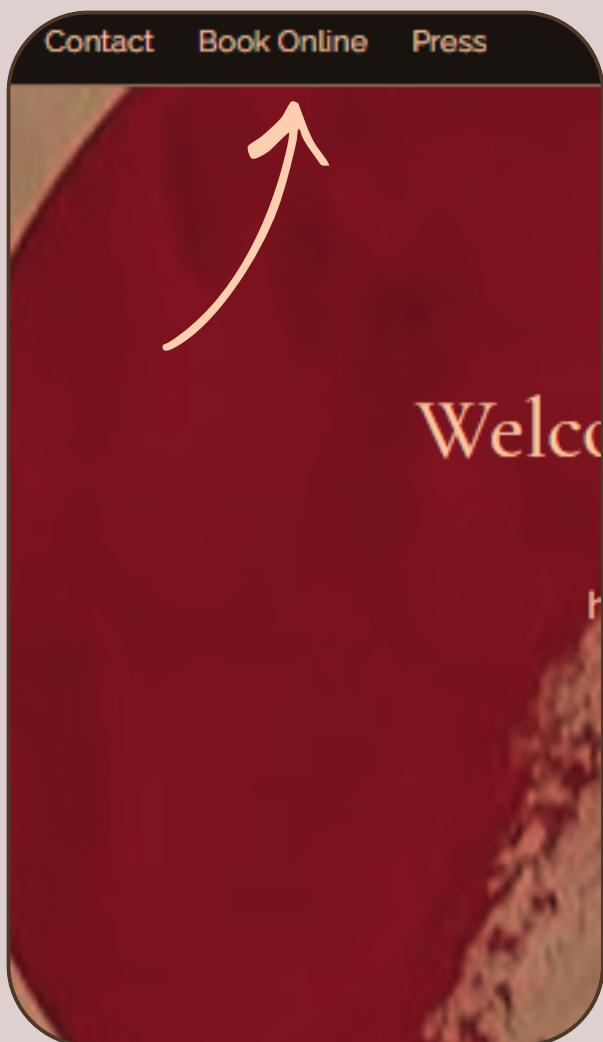


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How to pay?

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Herbalistic assessment via mail/vide

Holistic trajectory 8 sessions (1:1)



Weekly Yoga online

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How to pay?

Option 1 – Full Payment:

STEP 1: Go visit ainuinfo.com

STEP 2: Click book-online

STEP 3: Choose option Holistic Trajectory 8 x 1:1 sessions

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Order summary

Deep Dive Into Intuition €2,000.00

Duration: 3 months

Sessions: 8

Total €2,000.00

 Secure Checkout

unds are not possible.

ever, it is possible to communicate a payment plan. Please connect with me via ainuinfo@gmx.com. The timeslots are flexible in order for you to support your healing process.

How to pay?

Option 1 – Full Payment:

STEP 1: Go visit ainuinfo.com

STEP 2: Click book-online

STEP 3: Choose option **Holistic Trajectory 8 x 1:1 sessions**

Or...

Paypal:

> ainuinfo@gmx.com

Wise:

>

wise.com/pay/business/ainuholistictherapy



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How to pay?

Option 2 – Monthly Payment Plan:

STEP 1: Contact via ainuinfo@gmx.com with your option of choice.

STEP 2: Prices & Payment

STEP 3: Payment Plan (valid for 3 months and 21 days after for final reunion)

STEP 4: ADD 'DEEP DIVE INTO INTUITION' in the "comments" when paying, including your full name.

Paypal:

> ainuinfo@gmx.com

Wise:

>

wise.com/pay/business/ainuholistictherapay

Both options include a timeframe for over 3 months.



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Option 1: Full Payment

Option 2: Monthly Payment Plan

In summary

Option 1 – Full Payment:

STEP 1: Go visit ainuinfo.com

STEP 2: Click [book-online](#)

STEP 3: Choose option [Holistic Trajectory 8 x 1:1 sessions](#)

Option 2 – Monthly Payment Plan:

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Privacy Policy

Statement of Privacy

Our top goal is keeping your personal information safe and secure. The General Data Protection Regulation (GDPR) regulates the gathering and use of personal data in the European Union. Both Ainú Holistic Therapy (Lycia Van Roy) and its service providers are bound by the GDPR. Unless specified otherwise, all references to "Ainú Holistic Therapy" in this Privacy Policy include Ainú Holistic Therapy and its service providers. The website for Ainú Holistic Therapy provides a detailed description of the data practices of Ainú Holistic Therapy. You agree to the data practices outlined in the Privacy Policy of the Ainú Holistic Therapy website.



Privacy Policy

Deep Dive 1:1 Therapeutic Program (3-4 Months)

Ainú Holistic Therapy – ainuinfo@gmx.com
Join our 3-4 month 1:1 therapeutic program, designed to provide personalized support and holistic growth.

Privacy Statement:

Ainú Holistic Therapy is committed to protecting your personal data. We only collect information necessary to provide our services, never sell your data, and comply with GDPR and applicable privacy laws. Some data may be shared with trusted partners solely for service delivery, security, or legal obligations.

Full Privacy Statement:

[Visit the link](#) for complete details on data use, cookies, email communication, third-party services, and your rights.



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Therapeutic Program (3–4 Months)

Therapy – ainuinfo@gmx.com

Cancellation

The client acknowledges that therefore the statutory withdrawal period of three business days for the right of withdrawal may begin only after the program has started. All cancellation requests must be submitted in writing. Cancellation involves therapeutic preparation, commitment, and reserved sessions upon enrollment.

Business Day Right of Withdrawal
You can cancel within three business days of enrollment and be entitled to a full refund. Refunds are issued within 30 days of written notice.

Non-Written Withdrawal Period
You can cancel within 30 days of enrollment and be entitled to a full refund. Refunds are issued within 30 days of written notice.

Cancellation Policy

For the cancellation Policy visit:

Deep Dive 1:1 Therapeutic Program (3–4 Months)

Ainú Holistic Therapy – ainuinfo@gmx.com
Join our 3–4 month 1:1 therapeutic program, designed to provide personalized support and holistic growth.

Early cancellations (within 3 business days) receive a full refund, while refunds after enrollment depend on timing and circumstances. Once the program starts, no refunds are available. Sessions can be rescheduled with 48 hours' notice, subject to availability.

Full Cancellation Policy: [Click Here](#)



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Terms and Conditions

Ainu Holistic Therapy - Courses, Events and other

Ainu Holistic Therapy. By registering for any of our online or in-person therapeutic programs, you agree to the following Terms and Conditions.

The content, teachings, and teachings are the intellectual property of Ainu Holistic Therapy and may not be copied, shared, distributed, or used for commercial purposes.

Terms & Conditions

Ainú Holistic Therapy – Participation & Liability Notice | E-mail: ainuinfo@gmx.com | Effective: 01/01/2026

By joining any in-person or online course, workshop, retreat, or therapeutic program, you acknowledge and accept the physical, emotional, and psychological risks involved. Participation is voluntary, and you are responsible for your own well-being. Ainú Holistic Therapy is not responsible for other participants' actions and does not provide medical or psychiatric care. By participating, you release Ainú Holistic Therapy and its facilitators from liability except in cases of gross negligence or willful misconduct.

Media may be recorded for educational or promotional purposes; opt-out requests can be emailed in advance.

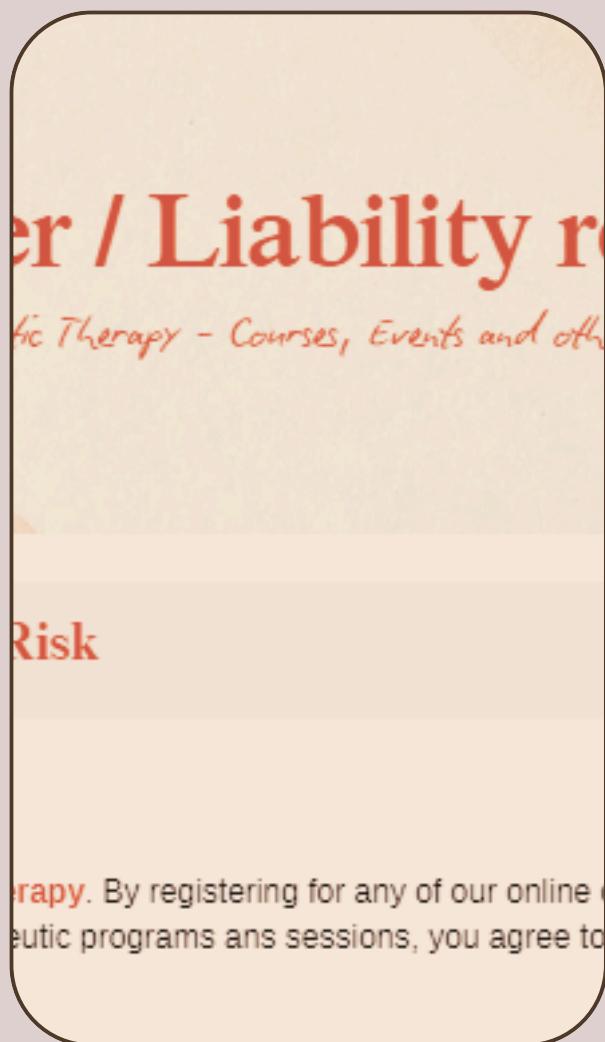
Full Participation & Liability Terms: Click [Here](#)



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Full Waiver & Terms: Click [Here](#)



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What to Expect from a Holistic Therapy Session

Holistic Therapy - Courses, Events and other offerings.

Work

What to Expect from a Holistic Therapy Session. By registering for any of our in-person therapeutic programs, or online sessions and events, you are agreeing to the following information.

Therapy are grounded in somatic, body-based, and experiential modalities.

Informed Consent

Ainú Holistic Therapy – Participation & Safety Guidelines

E-mail: ainuinfo@gmx.com | Effective: 01/01/2026

Our in-person and online somatic, body-based, and experiential offerings involve movement, breath, awareness, and nervous system work. Responses—physical, emotional, or cognitive—are natural and unique to each participant. Participation is voluntary, self-paced, and guided by your own boundaries. You are responsible for your well-being, and facilitators provide a supportive container but not medical or psychiatric care. Media may be recorded for educational or promotional purposes; opt-out requests can be emailed in advance.

Full Guidelines & Terms: [Click Here](#)